



Local Community Resources

Please note that the information listed is accurate at the time of publication. Changes may be made by the agencies, so please call agencies for current information. For more information, call United Way's 2-1-1. Alternate number: 850-595-5905
Alignment Bay County - howyadoing.org

Prepared by the GCSC Counseling Center Updated: March 2024

For more information, please contact the Counseling Center of GCSC
850-769-1551 x4861 or lbailey@gulfcoast.edu



Alcohol and Drug Recovery

Addictions Referral Network	800-622-4357	samhsa.gov/find-help/national-helpline
AL-ANON	888-425-2666	www.alnwfl-al-anon.org
Alcoholics Anonymous	850-784-7431	http://panamacityaa.org
Bayshore Retreat	850-687-6831	http://bayshoreretreat.com
B.A.S.I.C. of NWFL	850-785-1088	www.basicnwfl.com
Beauty for Ashes Transitional Home	850-215-0651	bfatransitional.com
C.A.R.E.	850-872-7676	www.care4000.com
Florida Springs Wellness & Recovery	850-403-6566	https://flsprings.com
Gulf Coast Addiction Medicine	850-522-1516	www.gcamed.com
Journey Pure-Emerald Coast	850-378-3021	www.emeraldcoastjourneypure.com
The Ever's House	850-441-1145	
Most Excellent Way	850-785-6146	http://firstbaptistpc.com
Narcotics Anonymous	866-235-4572	
Recovery Bay Men's Rehab	833-991-2955	recoverybaycenter.com
Twelve Oaks Recovery	855-442-0391	http://twelveoaks.crhealth.com

Child Advocacy Programs

Anchorage Children's Home	850-763-7102	www.anchoragechildrenshome.org
Hiddle House - Safe haven for 10 - 17 year olds	850-784-1020	
Bay County WIC Program	850-872-4666	floridahealth.gov/programs-and-services/wic
Big Brother/Big Sister	850-763-5437	www.bbbsnwfl.org
Boys and Girls Club of Bay County	850-573-5606	bgcbayfl.org
Children's Home Society	850-747-5411	www.chsfl.org/locations/big-bend-panama-city
Childhelp - Child Abuse Hotline	800-422-4453	childhelpline.org
Early Education and Care	850-818-9003	www.eeckids.org
Early Learning Coalition of NW FL	850-747-5400 x108	www.elcnwf.org
Florida Department of Children & Families	866-778-4045 800-962-2873	myflfamilies.com Abuse Hotline
Florida Health Kids - Ages 5-19	888-540-5437	healthykids.org
Girls Inc. of Bay County	850-588-8711	www.girlsincofbaycounty.org
Guardian ad Litem	850-747-5180	www.guardianadlitem.org
Gulf Coast Children's Advocacy	850-872-7760	www.gulfcoastcac.org
Healthy Start Coalition	850-895-9506	healthystartbfg.com
KidCare - Ages 1-4 years	888-540-5437	www.healthykids.org/apply
Medicaid - Apply for		www.myflorida.com/accessflorida

Dental Services

Bay County Health Department Children's Dentistry	850-481-4709	bay.floridahealth.gov
Gulf Coast State College Dental Clinic	850-872-3833	Health Science Building - First Floor www.gulfcoast.edu/community/dental-clinic
Pan Care Health Youngstown	850-767-3350 850-753-3246	www.pancarefl.org

Disability Services

Arc of the Bay	850-265-2951	www.bayarc.org
Alzheimer's Association of Bay	850-769-5256	http://nhccare.com/index.cfm
Disability Resource Center	850-769-6890	drcpc.org
Epilepsy Association	850-694-0994	www.epilepsyassoc.org
FL Division of Blind Services	850-872-4181	http://dbs.myflorida.com
Gulf Coast State College Student Accessability Resources	850-747-3243	www.gulfcoast.edu
Office of Public Guardian, Inc. Bay County	866-467-4624	elderaffairs.state.fl.us
Panama City Developmental Ctr.	850-769-7636	
Tender, Love and Care	850-769-7960	www.ucptlc.org
Second Chance of NW FL	850-769-7779	www.secondchancenwfl.org
Vocational Rehabilitation	850-872-4380	www.rehabworks.org

Domestic Violence

Salvation Army Domestic Violence Emergency Hotline National Hotline	850-769-7989 850-763-0706 800-799-7233	www.salvationarmyflorida.org
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Eating Disorders

Canopy Cove Eating Disorder Treatment Facility	888-245-6555	www.canopycove.com
National Eating Disorders Association Hotline	800-931-2237	www.nationaleatingdisorders.org Text NEDA to 741741

Food Pantries/Meals

Locations, times, and days are subject to change. Please call to verify.

Need to bring ID with you and may need Social Security card for each member of household.

Catholic Charities	850-763-0475	Monday - Thursday 10 - 2 Must have ID card and SS card for each member of the household.
First United Methodist Church	850-763-6537	Thursday - 9:00 a.m. - 12:00 noon Community Life Center
Grace Presbyterian Church	850-769-4000	www.gracechurchpc.com Thursdays 8:150 - 11:30 a.m. Drive through process
Church @ the Beach	850-234-8892	Tuesday's and Thursday's 9 - 11:15 a.m. PC Beach residents only Meal every Monday at 4:00 p.m. for anyone
Gulf Beach Presbyterian Church	850-234-3161	M -W -F 9:00 a.m. - 12:00 noon Picture ID and must be PCB resident
Panama City Rescue Mission	850-769-0783	Call for information.
Salvation Army	850-769-5259	Call for days and times.
St Andrew Baptist Church Food Bank & Clothing Medicial Center	850-785-8596 850-763-2345 850-785-1419	Monday - Friday 9:00 a.m. - 12:00 noon Thursday 5:00 - 7:00 p.m. ID required, SSN Card for each family member

Grief Counseling

Angel House	850-257-5036	www.angelhousebci.org
Covenant Care	850-563-7635	chosecovenant.org
Grief & Loss Service of NWFL	850-763-2681	
Grief Share	800-395-5755	griefshare.org

Hospice/Home Care

BrightStar	850-338-6035	www.brightstarcare.com/bay-county
Covenant Care	850-785-3040	chosecovenant.org
Emerald Coast Hospice	850-769-0055	kendredhealthcare.com
Interim Health Care	850-747-0080	interimhealthcare.com/panamacity
Visiting Angels	850-215-3300	visitingangels.com
Vitas Healthcare	850-558-4400	vitas.com/locations-search/panamacity

Housing Information - Affordable/Low Rental

Please call the listed apartments for availability.

Andrews Place II	850-215-5483	
Bryxstone Apartments	850-624-3432	

Formally Briarwood & Pinehurst		
Callaway Manor Apartments	850-532-7408	
Edgewood Garden	850-785-0585	royalamerican.com
Forest Manor Apartments	850-265-5717	havenwood.gardens.mgr@pomsmgmt.com
Gatewood Apartments	850-784-9893	royalamerican.com
Gibb Springfield Village	850-235-4663	goodwillbigbend.org
Havenwood Garden	850-265-5717	havenwood.gardens.mgr@pomsmgmt.com
Hilltop Pointe	850-571-5303	royalamerican.com
Lake Garden Apartments	850-769-5527	
Magnolia Pointe Apartments	850-774-6244	
Panama City Housing Authority	850-769-2358	panamacityhousing.org
Henry Kirkland Garden Apart.	850-769-2358	
Oakland Garden Apartments	850-769-6193	
James Asbell Memorial Homes	850-769-2358	Senior Community
Gardner Dickenson Memorial	850-769-2358	
Fletcher Black Memorial Homes	850-215-4151	royalamerican.com
Panama Commons	850-215-8966	panamacommonsfl.com
Pana-Villa Apartments	850-785-3750	royalamerican.com
Park@Massalina	850-215-1400	royalamerican.com
Pelican Pointe	850-588-8815	royalamerican.com
Pinnacle @ Hammock Square	850-898-9536	pinnaclehammocksquare.pmiflorida.com
Reserve @ Northshore	850-271-4400	royalamerican.com
Royal Arms Garden	850-785-7057	
Sand Dune Apartments	850-234-1427	royalamerican.com
Scattered Sites	850-769-6193	HUD Rental
Siena Gardens	850-769-6997	Retirement Age Living
Springfield Crossings	850-640-0394	royalamerican.com
Springfield Housing Authority	850-769-1596	springfieldhousingfl.com
Stanford Point	850-763-8079	royalamerican.com
Tyndall Point Apartments	850-257-5856	

Housing Information - Transitional/Other

The Ark	850-234-3084	thearkpcb.org Provides transitional housing, international student housing,
	850-896-7781	

		and other services
Beauty for Ashes Transitional Home	850-814-9171	Faith based/ women
Bethel Village	850-914-0533	Women & children shelter
Bridge Transitional Living	850-481-8501	For young adults 16 - 21 anchoragechildrenshome.org
Habitat for Humanity	850-784-9975	habit.org/us-fl/panamacity/hgh-bay-county-florida
Salvation Army	850-769-5259	salvationarmyflorida.org/panamacity
Transformational Recovery Mission	850-769-8012	Transitional housing for women & children.

Insurance

Agency for Healthcare Administration	850-595-2312	ahca.myflorida.com
BayCares	850-747-5770 ext. 6	baycaresinc.org
FL Healthy Kids - Ages 5-19	888-540-5437	www.healthykids.org
John Douglas Insurance		
KidCare - Ages 1-4 Application Assistance	888-540-5437	www.floridakidcare.org
Medicaid - Apply for		www.myflorida.com/accessflorida

Legal/Victim Services

Legal Services of NFL	850-769-3581	lsnf.org
State Attorney's Victim Assistance Program-Bay County	850-872-4473	http://sa14.fl.gov
Calhoun County	850-674-4580	
Gulf County	850-229-6131	
Holmes County	850-547-2262	
Jackson County	850-482-9555	
Washington County	850-638-6150	

Medical Services

American Family Care	850-583-9747	www.afcurgentcare.com/panama-city-beach
Ascension Sacred Heart Bay	850-769-1511	healthcare.ascension.org
Avicenna Clinic	850-215-8200	
Bay County Health Department	850-872-4455	www.bay.floridahealth.gov
Big Bend Area Health Education Center	850-224-1177	bigbendahec.org
Children's Medical Services	850-872-4700	www.floridahealth.gov
Gulf Coast Medical Center	850-769-8341	gcmc-pc.com

Medical Services Continued

PanCare of Florida, Inc.	850-329-4725	pancarefl.org
Gulf Coast State College	850-873-3535	
Youngstown	850-753-3246	

NWF Health Network	850-747-5755	
Sister's Medical Clinic	850-769-4669	panamacityclinic.com
St. Andrew Christian Care Ctr	850-763-2345	sabc.org

Mental Health

Anchorage Family Counseling Ctr	850-769-1235	www.anchoragechildrenshome.org
Chrysalis Health	850-215-6001	chrysalishealth.com
Emerald Coast Behavioral Hospital	850-763-0017	emeraldcoastbehavioral.com
Life Management Center Mobile Response Team	850-522-4485 850-522-4485 x1833	lmccares.org
NAMI National Alliance on Mental Hth	800-950-NAMI 800-273-8255 850-671-4445	www.nami.org www.namiflorida.org Bay County
National Suicide Prevention Lifeline	988	
PanCare Health Youngstown	850-329-4725 850-753-3246	pancarefl.org

Also see Area Counseling Resource List located in the Counseling Center.

Pregnancy Resources

Hannah's Maternity Transitional Living	850-784-1020	homeless pregnant teens - 16-22 yrs www.anchoragechildrenshome.org
Pregnancy Resource Center	850-763-1100	anotherheart.org
The Sheltering Tree	850-763-1433	sabc.org Monday - Wednesday 9:00 a.m. - 12:00 noon

Prescription Assistance

Florida Medicaid Prescription Access Helpline	800-436-6001	
PanCare Community Health Pharmacy	850-818-0455	pancarefl.org

Rental Assistance

Beach Care Services	850-235-3002	PC Beach Residents only
Catholic Social Services	850-879-9481	www.catholiccharitiesnwfl.org/panamacity
Family Services Agency	850-785-1721	familyserviceagencypc.org Monday - Thursday, 9:00 - 3:00
Salvation Army	850-769-5859	salvationarmyflorida.org/panamacity

855-90WORKS	855-909-6757	90Works.org
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Senior Citizen Assistance

AARP		www.aarp.org
Bay County Council on Aging	850-769-3468	www.baycouncilonaging.org
BrightStar Care Bay County	850-238-3270	www.brightstarcare.com/bay-county
Brookdale Senior Living	850-583-3873	www.brookdale.com
Encompass Health Rehabilitation	850-914-8600	www.encompasshealth.com/panamacityrehab
Lin Care	850-769-4700	www.lincare.com
Suncrest OMNI Home Care	850-215-4061	lhcgroup.com
Visiting Angels Living Assistance	850-215-3300	visitingangles.com
Compassionate Love Home Care	850-628-8438	compassionatelovehc.com

Sexual Assault/Rape Crisis/Human Trafficking

Gulf Coast Sexual Assault Prog. Hotline	866-218-4738	www.gulfcoastcac.org
Bay County Administrative Offices	850-872-7760	
Washington County - Chipley	866-218-4738	
Holmes County - Bonifay	866-218-4738	
Gulf County - Port St. Joe	866-218-4738	
Lavish Ministries	850-960-8498	
NWFL Human Trafficking	850-303-3330	stophumantrafficking.org

Transportation

BayWay	850-769-0557	baywaytransit.org
Bay Transportation	850-785-0808	Must call for appointment. Medical appointment transportation provided & subsidized through Medicaid.
Ride On Commuter Services	888-454-RIDE	rideontgether.org

Utility Assistance

90 Works	855-90-WORKS	Emergency rent and utilities, when funding is available.
Bay County Council on Aging	850-769-3468	Low Income Home Energy Assistance Prog.
Beach Care Services	850-235-3002	email: bcspcb@knology.net By appointment - Beach Residents only
Catholic Charities of NW FL	850-763-0475	www.ccnwfl.org
Low Income Energy Assistance Program (LIHEAP)	850-769-3468	www.baycouncilonaging.org
Salvation Army Family Assistance Office	850-769-5859	salvationarmyflorida.org/panamacity

Veteran's Information

Bay County Vet Center	850-522-6102	www.vetcenter.va.gov
Bay County Veteran's Services	850-248-8280	baycountyfl.gov/222/veterans-services
Gulf Coast State College	850-769-1551	www.gulfcoast.edu Educational Assistance for Veterans
ReBoot Combat Recovery	850-730-6943	https://rebootalliance.com/reboot
90 Works SSVF	855-90-works	
VA outpatient Clinic	850-636-7000	
Veterans Crisis Line	800-273-8255 Press 1	
Veterans Chat Line		VeteransCrisisLine.net Text to 838255

Alphabetical Listing of Services

Alignment Bay County		howyadoing.org
AL-ANON	888-425-2666	www.alnwfl-al-anon.org
Alcoholics Anonymous	850-747-7431	http://panamacityaa.org
American Cancer Society	800-227-2345	cancer.org
American Red Cross	850-763-6587	www.redcross.org
Anchorage Children's Home	850-763-7102	www.anchoragechildrenshome.org
Hiddle House - Safe haven for 10 - 17 year olds	850-784-1020	
Arc of the Bay	850-265-2951	www.bayarc.org

Bay County Council on Aging	850-769-3468	www.baycouncilonaging.org
Bay County Health Department Children's Dentistry	850-481-4709	bay.floridahealth.gov
Bay County WIC Program	850-872-4666	floridahealth.gov/programs-and-services/wic
Bayshore Retreat	850-687-6831	http://bayshoreretreat.com
B.A.S.I.C. of NWFL	850-785-1088	www.basicnwfl.com
Beauty for Ashes Transitional Home	8850-215-0651	bfatransitional.com
Big Brother/Big Sister	850-763-5437	www.bbbsnwfl.org
Boys and Girls Club of Bay County	850-573-5606	bgcbayfl.org
Brightstar Care Bay County	850-238-3270	www.brightstarcare.com/bay-county
Brookdale Senior Living	850-583-3873	www.brookdale.com
Bundle of Hope Adoption	850-203-3011	www.bundleofhope.org
C.A.R.E.	850-872-7676	www.care4000.com
Catholic Charities	850-763-0475	www.catholiccharitiesnwfl.org/panamacity
Children's Home Society	850-747-5411	www.chsfl.org/locations/big-bend-panama-city
Covenant Care	850-785-3040	choosecovenant.org
Disability Resource Center	850-769-6890	drcpc.org
Doorways of NWFL	850-481-5446	doorwaysnwfl.org
Early Education and Care	850-818-9003	www.eeckids.org
Early Learning Coalition of NW FL	850-747-5400 x108	www.elcnwf.org
Emerald coast Hospice	850-769-0055	kendredhealthcare.com
Epilepsy Association	850-694-0994	www.epilepsyassoc.org
The Ever's House	850-441-1145	www.longleaf4u.com
Florida Department of Children & Families	866-778-4045 800-962-2873	myflfamilies.com Abuse Hotline
FL Division of Blind Services	850-872-4181	http://dbs.myflorida.com
Florida Health Kids - Ages 5-19	888-540-5437	healthykids.org
Florida Springs Wellness & Recovery	850-403-6566	https://flsprings.com
Girls Inc. of Bay County	850-588-8711	www.girlsincofbaycounty.org
Guardian ad Litem	850-747-5180	www.guardianadlitem.org
Gulf Coast Addiction Medicine	850-522-1516	www.qcamed.com

Alphabetical Listing of Services - Continued

Gulf Coast Children's Advocacy	850-872-7760	www.gulfcoastcac.org
Gulf Coast Sexual Assault Hotline	850-872-7760 866-218-4738	gulfcoastsap.org
Gulf Coast State College Dental Clinic	850-872-3833	Health Science Building - First Floor www.gulfcoast.edu/community/dental-clinic
Gulf Coast State College Student Accessability Resources	850-747-3243	www.gulfcoast.edu
Healthy Start Coalition	850-895-9506	healthystartbfg.com
Interim Health Care	850-747-0080	interimhealthcare.com/panamacity
Journey Pure-Emerald Coast	850-378-3021	www.emeraldcoastjourneypure.com

Legal Services of NFL	850-769-3581	lsnf.org
LGBTQ Center of Bay County	850-252-5145	lgbtqcenterofbaycounty.org
Life Management Center	850-522-4485	lmccares.org
Most Excellent Way	850-785-6146	http://firstbaptistpc.com
Narcotics Anonymous	866-235-4572	
NWFL Human Trafficking	850-303-3330	stophumantrafficking.org
Office of Public Guardian, Inc. Bay County	866-467-4624	elderaffairs.state.fl.us
Panama City Developmental Ctr.	850-769-7636	
Pan Care Health Youngstown	850-767-3350 850-753-3246	www.pancarefl.org
Pregnancy Resource Center	850-763-1100	anotherheart.org
Recovery Bay Men's Rehab	833-991-2955	recoverybaycenter.com
Salvation Army		
Salvation Army Domestic Violence Emergency Hotline National Hotline	850-769-7989 850-763-0706 800-799-7233	www.salvationarmyflorida.org
Second Chance of NW FL	850-769-7779	www.secondchancenwfl.org
the Sheltering Tree	850-763-1100	
Tender, Love and Care	850-769-7960	www.ucptlc.org
Treatment Center of PC	850-769-5965	tcaclinics.com/panama-city-fl
Tri-County Community Council	850-215-0173	tricountycommunitycouncil.com
Twelve Oaks Recovery	855-442-0391	http://twelveoaks.crhealth.com
United Cerebral Palsy of NFLA	850-769-7960	
United Way of Northwest FL	850-785-7521	unitedwaynwfl.org
Visiting Angels	850-215-3300	visitingangels.com
Vitas healthcare	850-558-4400	vitas.com/locations-search/panamacity

Alphabetical Listing of Services - Continued

Vocational Rehabilitation	850-872-4380	www.rehabworks.org
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Helplines

American Foundation for Suicide Prevention	800-273-8255	afsp.org
Childhelp - National Child Abuse Hotline	800-422-4453	childhelp.org
Crisis Text Line		Text TALK to 741741
Domestic Violence	850-769-7989	www.salvationarmyflorida.org
	800-799-7233	
Emerald Coast Behavioral Hosp	850-763-0017 800-543-2919	emeraldcoast.behavioral.com

Florida Abuse Hotline	800-962-2873	www.myflfamilies.com
Florida Dept. of Law Enforce Sexual Offender/Predator Unit	888-357-7332	www.fdle.state.fl.us
Florida Human Trafficking Hotline	855-352-7233	
Florida Medicaid Prescription Access Helpline	800-436-6001	
Gamblers Anonymous	800-426-7711	gamblersanonymous.org
Gulf Coast Sexual Assault Program	866-218-4738	gulfcoastsap.org
Human Trafficking Hotline	888-373-7888	
LGBTQ National Hotline	888-843-4564	lgbthotline.org
Life Management Mental Health Crisis Helpline Mobile Response	850-522-4485 866-985-0008 850-522-4485	lmccares.org
National Alliance on Mental Illness	800-950-6294	www.nami.org helpline@nami.org
National Disaster Distress Helpline SAMHSA	800-985-5990	Crisis Counseling related to disasters. 24/7
National Eating Disorders Assoc.	888-375-7767	www.nationaleatingdisorders.org
National Helpline SAMHSA	800-662-4357	Treatment referral & information 24/7
National Hopeline Network	800-784-2433	thehopeline.com
National Parenting Helpline	855-427-2736	www.nationalparentyouthhelpline.org
National Runaway Safeline	800-786-2929	www.1800runaway.org
National Suicide Prevention Lifeline	988	988lifeline.org
Rape Abuse & Incest Nat. Network	800-656-4673	rainn.org CHAT: online.rainn.org
Salvation Army domestic Violence Hotline National Hotline	850-769-7989 850-763-0706 800-799-7233	Text LOVEIS to 22522
Suicide Crisis and Mental Health Emergency Hotline	850-522-4485	

Helplines - Continued

Trevor Project	866-488-7386	thetrevorproject.org Text START to 678678
Veteran's Crisis Line	988 Press 1	Text 838255